



Hammond River Angling Association



What to Bring to the Kids-R-Cool 4 Conservation Camp

Each camper needs to bring the following items to camp each day they attend:

- Medicare Number (On first day of camp)
 - Essential Medications (if necessary) Tell Camp Councillors on first day
- Sunscreen (Preferably waterproof and SPF 30+)
- LOTS to drink - Water is best!
- Lunch and Snacks
- Hat
- Swimsuit and Towel
- Change of clothes
- Weather-appropriate clothing (For both rain and shine)
 - *Campers will be outdoors regardless of the weather.
- Appropriate beach footwear
- Appropriate running footwear

Optional items:

- Sunglasses
- Bug repellent