



What To Bring To Camp

- Important Medications (If necessary). Please tell your counsellor when you arrive at camp
- Sunscreen (Waterproof and SPF 30+)
- Waterbottle (Lots of Water!!!)
- Lunch & Snacks
- Hat
- Swimsuit
- Towel
- Change of Clothes
- Weather-Appropriate Clothing (For both rain and shine). Campers will be outdoors regardless of the weather
- Appropriate Beach Footwear (water shoes are great)
- Appropriate Running Footwear
- Please no Peanuts or Tree Nuts
- White item to tye-dye

Optional Items:

- Sunglasses
- Bug Repellent

* Valuable items should be left at home as they are likely to get lost, broken or dirty.*